

# Marital Intimacy Checkup

Wife Desires  
Improvement

Husband Desires  
Improvement

Both Desire  
Improvement

Both Husband & Wife  
Satisfied

1. Sexual Intimacy

2. Emotional Intimacy  
(Being tuned to each other's wavelength)

3. Intellectual Intimacy  
(Closeness in the world of ideas)

4. Aesthetic Intimacy  
(Sharing in acts of creating beauty)

5. Creative Intimacy  
(Sharing in acts of creating)

6. Recreational Intimacy  
(Relating in experiences of fun and play)

7. Work Intimacy  
(Closeness of sharing common tasks)

8. Crisis Intimacy  
(Closeness in coping with problems and pain)

9. Conflict Intimacy  
(Facing and struggling with differences)